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Restaurants have protocols in place for allergies. Please call the restaurant or talk to your server so they can make the necessary accommodations. Due to normal operations involving shared cooking and preparation, we are unable to guarantee the absence of cross-contamination or that any menu item can be completely free of allergens.

	Wheat	Soy	Milk	Egg	Fish	Shellfish	Tree Nuts	Peanuts	Corn	Sulfites	Sesame	Legume	Onion	Mushroom
APPETIZERS														
Chang's Chicken Lettuce Wraps	X	X				X			X	X	X	X	X	X
Veggie Lettuce Wraps	X	X							X	X	X	X	X	X
BBQ Spare Ribs (6)	X	X		X		X			X	X	X	X	X	
Pork Belly Bao Buns	X	X	X	X		X			X	X	X	X	X	X
Northern-Style Spare Ribs (6)	X	X				X			X	X	X	X	X	
Crispy Green Beans	X	X		X		X			X	X		X	X	
Edamame	X	X		X	X				X	X	X	X	X	X
Duck Wings	X	X	X	X	X	X			X	X	X	X	X	X
Crispy Eggplant	X	X	X	X		X			X		X	X	X	X
Japanese Wok-Fired Calamari	X	X		X		X			X		X	X	X	
Dynamite Shrimp	X	X		X		X			X	X		X	X	
DIM SUM														
Pork Dumplings Pan-Fried (6)	X	X	X	X	X	X			X	X	X	X	X	X
Pork Dumplings Steamed (6)	X	X	X	X	X	X			X	X	X	X	X	X
Shrimp Dumplings Pan-Fried (6)	X	X	X	X	X	X			X	X	X	X	X	X
Shrimp Dumplings Steamed (6)	X	X	X	X	X	X			X	X	X	X	X	X
King Crab Gyoza	X	X	X	X	X	X			X		X	X	X	
Wagyu Egg Rolls	X	X	X	X	X	X			X	X	X	X	X	X
Vegetable Spring Rolls	X	X	X	X	X	X			X	X	X	X	X	X
Pork Egg Rolls	X	X	X	X	X	X			X	X	X	X	X	X
Crab Wontons (6)	X	X	X	X	X	X			X	X	X	X	X	X
SUSHI														
Dynamite Roll*	X	X	X	X	X	X			X	X	X	X	X	X
Shrimp Tempura Roll*	X	X	X	X	X	X			X	X	X	X	X	X
Tiger Roll*	X	X	X	X	X	X			X	X	X	X	X	X
Japanese Philly Roll*	X	X	X	X	X	X		X	X	X	X	X	X	X
Spicy Tuna Crispy Rice*	X	X	X	X	X	X			X	X	X	X	X	X
Spicy Tuna Roll*	X	X	X	X	X	X			X	X	X	X	X	
Kung Pao Dragon Roll*	X	X	X	X	X	X		X	X	X	X	X	X	
California Roll*	X	X	X	X	X	X			X	X	X	X	X	
SHAREABLE SIDES														
Garlic Noodles	X	X	X			X			X		X	X	X	X
Cold Cucumber Salad	X	X				X					X			
Kung Pao Brussels Sprouts	X	X	X	X	X	X		X	X	X	X	X	X	X
Chili Garlic Green Beans	X	X								X	X	X	X	X

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	Wheat	Soy	Milk	Egg	Fish	Shellfish	Tree Nuts	Peanuts	Corn	Sulfites	Sesame	Legume	Onion	Mushroom
SALADS & SOUP														
Thai Peanut Salad	X	X	X	X		X		X	X	X	X	X	X	X
Mandarin Crunch Salad	X	X	X	X		X	X		X	X	X	X	X	X
Asian Caesar Salad	X	X	X	X	X	X			X	X	X	X	X	X
House Salad	X	X	X	X		X			X	X	X	X	X	X
CHOOSE YOUR PROTEIN														
Chicken	X	X			X				X		X	X	X	X
Salmon*	X	X			X							X	X	
Wonton Soup (Cup or Bowl)	X	X		X		X			X	X	X	X	X	X
Egg Drop Soup (Cup or Bowl)	X	X	X	X		X			X		X		X	X
Hot & Sour Soup (Cup or Bowl)	X	X	X	X					X	X	X	X	X	X
MAIN ENTRÉES														
BEEF														
Mongolian Beef	X	X		X					X	X	X	X	X	X
Hong Kong Beef	X	X	X	X		X			X	X	X	X	X	X
NY Prime Strip Steak Tataki*	X	X	X	X	X				X		X	X	X	X
Black Pepper Filet*	X	X				X			X		X	X	X	X
Beef with Broccoli	X	X		X					X	X	X	X	X	X
Pepper Steak	X	X	X	X		X			X	X	X	X	X	X
Teriyaki Beef	X	X	X	X		X			X	X	X	X	X	X
Sesame Beef	X	X	X	X		X			X		X	X	X	X
Kung Pao Beef	X	X	X	X		X		X	X		X	X	X	X
CHICKEN														
Chang's Spicy Chicken	X	X	X	X		X			X	X	X	X	X	X
Korean Sesame Chicken	X	X	X	X		X					X	X	X	
Teriyaki Chicken	X	X	X	X		X			X	X	X	X	X	X
Crispy Honey Chicken	X	X		X					X		X	X	X	
Sweet & Sour Chicken	X	X		X					X		X	X	X	
Chicken with Broccoli	X	X	X	X		X			X		X	X	X	X
Sesame Chicken	X	X	X	X		X			X	X	X	X	X	X
Orange Chicken	X	X	X	X		X			X	X	X	X	X	
Kung Pao Chicken	X	X	X	X		X		X	X	X	X	X	X	X
Black Pepper Chicken	X	X	X	X		X			X	X	X	X	X	X
SEAFOOD														
Salt & Pepper Prawns	X	X	X	X		X			X	X	X	X	X	
FIrecracker Shrimp	X	X	X	X		X			X	X	X	X	X	X
Miso Glazed Salmon*	X	X	X		X	X			X	X	X	X	X	X

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	Wheat	Soy	Milk	Egg	Fish	Shellfish	Tree Nuts	Peanuts	Corn	Sulfites	Sesame	Legume	Onion	Mushroom
Oolong Chilean Seabass*	X	X			X	X			X		X	X	X	X
Crispy Honey Shrimp	X	X		X		X			X		X	X	X	
Kung Pao Shrimp	X	X	X	X		X		X	X	X	X	X	X	X
VEGETARIAN														
Mongolian Tofu	X	X							X		X	X	X	X
Ma Po Tofu	X	X							X		X	X	X	X
Stir-Fried Eggplant	X	X							X		X	X	X	X
Buddha's Feast (Steamed)	X	X								X	X	X	X	X
Buddha's Feast (Stir-Fried)	X	X							X	X	X	X	X	X
CHEF'S FAVORITES														
Dashi Risotto w/ Scallops	X	X	X	X	X	X			X		X	X	X	X
Crispy Roasted Duck	X	X	X	X	X	X			X	X	X	X	X	X
Mongolian Trio	X	X	X	X		X			X		X	X	X	X
Teriyaki Trio	X	X	X	X		X			X		X	X	X	X
NOODLES & RICE														
Pad Thai Chicken	X	X	X	X	X	X		X	X	X	X	X	X	
Pad Thai Beef	X	X	X	X	X	X		X	X	X	X	X	X	
Pad Thai Shrimp	X	X	X	X	X	X		X	X	X	X	X	X	
Pad Thai Tofu	X	X	X	X	X	X		X	X	X	X	X	X	
Pad Thai Combo	X	X	X	X	X	X		X	X	X	X	X	X	
Pad Thai	X	X	X	X	X	X		X	X	X	X	X	X	
Fried Rice Chicken	X	X		X					X	X		X	X	X
Fried Rice Beef	X	X	X	X		X			X	X		X	X	X
Fried Rice Shrimp	X	X	X	X		X			X	X		X	X	X
Fried Rice Vegetable	X	X	X	X		X			X	X		X	X	X
Fried Rice Tofu	X	X	X	X		X			X	X	X	X	X	X
Fried Rice Combo	X	X	X	X		X			X	X		X	X	X
Duck Fried Rice	X	X	X	X		X			X	X	X	X	X	X
Lobster & Prawn Fried Rice	X	X	X	X		X			X	X	X	X	X	X
Longlife Noodles & Prawns	X	X	X	X		X			X		X	X	X	X
Singapore Street Noodles	X	X	X	X		X			X	X	X	X	X	
Signature Lo Mein Chicken	X	X	X	X		X			X	X	X	X	X	X
Signature Lo Mein Beef	X	X	X	X		X			X	X	X	X	X	X
Signature Lo Mein Shrimp	X	X	X	X		X			X	X	X	X	X	X
Signature Lo Mein Vegetable	X	X	X	X		X			X	X	X	X	X	X
Signature Lo Mein Tofu	X	X	X	X		X			X	X	X	X	X	X
Signature Lo Mein Combo	X	X	X	X		X			X	X	X	X	X	X

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	Wheat	Soy	Milk	Egg	Fish	Shellfish	Tree Nuts	Peanuts	Corn	Sulfites	Sesame	Legume	Onion	Mushroom
SIDES														
Brown Rice, steamed	X													
White Rice, steamed	X													
Fried Rice	X	X	X	X		X			X	X		X	X	X
Lo Mein Noodles	X	X	X			X			X			X	X	X
WEEKDAY LUNCH (SERVED MONDAY - FRIDAY UNTIL 3)														
Mongolian Beef	X	X		X					X	X	X	X	X	X
Beef with Broccoli	X	X	X	X		X			X	X	X	X	X	X
Teriyaki Beef	X	X	X	X		X			X	X	X	X	X	X
Teriyaki Chicken	X	X	X	X		X			X	X	X	X	X	X
Sesame Chicken	X	X	X	X		X			X	X	X	X	X	X
Chang's Spicy Chicken	X	X	X	X		X			X	X	X	X	X	X
Crispy Honey Chicken	X	X		X					X		X	X	X	
Kung Pao Chicken	X	X	X	X		X		X	X	X	X	X	X	X
Miso Glazed Salmon*	X	X	X		X	X			X	X	X	X	X	X
FIrecracker Shrimp	X	X	X	X		X			X	X	X	X	X	X
Orange Chicken	X	X	X	X		X			X	X	X	X	X	
Mongolian Tofu	X	X							X		X	X	X	X
SERVED WITH CHOICE OF…														
Brown Rice, steamed	X													
White Rice, steamed	X													
Fried Rice	X	X	X	X		X			X	X		X	X	X
Noodles	X	X							X	X	X	X	X	X
ADD A SIDE														
House Side Salad	X	X	X	X		X			X	X	X	X	X	X
Egg Drop Soup Cup	X			X		X			X		X		X	
Hot & Sour Soup Cup	X	X	X	X					X	X	X	X	X	X
Vegetable Spring Roll	X	X	X	X		X			X	X	X	X	X	X
Pork Egg Roll	X	X	X	X		X			X	X	X	X	X	X
GLUTEN-FREE LUNCH														
GF Chang's Spicy Chicken Bowl		X	X	X		X			X	X	X	X	X	X
GF Mongolian Beef Bowl		X	X	X		X			X		X	X	X	X
GF Beef with Broccoli Bowl		X	X	X		X			X		X	X	X	X
GF LUNCH ENTRÉES ARE SERVED WITH…														
GF Steamed Brown Rice														
GF Steamed White Rice														
GF Fried Rice		X	X	X		X			X			X	X	X

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	Wheat	Soy	Milk	Egg	Fish	Shellfish	Tree Nuts	Peanuts	Corn	Sulfites	Sesame	Legume	Onion	Mushroom
ADD ON														
GF Egg Drop Soup Cup		X	X	X		X			X		X	X	X	X
KIDS MENU														
Kid's Honey Chicken	X	X		X		X			X			X	X	
Kid's Teriyaki Chicken	X	X	X	X		X			X	X	X	X	X	X
Kid's Teriyaki Beef	X	X	X	X		X			X	X	X	X	X	X
Kid's Sweet & Sour Chicken	X	X		X		X			X			X	X	
Kid's Orange Chicken	X	X	X	X		X			X	X	X	X	X	
Kid's Chicken Lo Mein	X	X	X	X		X			X	X	X	X	X	X
Kid's Chicken Fried Rice	X	X	X	X		X			X	X		X	X	X
Baby Buddha's Feast: Steamed	X										X	X	X	X
Baby Buddha's Feast: Stir-fried	X	X							X		X	X	X	X
Kid's California Roll	X	X	X	X	X	X			X	X	X	X	X	
Kids Avocado Roll	X	X	X	X	X	X			X	X	X	X	X	
KIDS DESSERTS														
Kids Coconut Pineapple Ice Cream	X	X	X	X			X	X	X					
Vanilla Bean Ice Cream	X	X	X	X			X	X	X					
GLUTEN-FREE KIDS MENU														
GF Kid's Chicken Fried Rice		X	X	X		X			X			X	X	X
GLUTEN-FREE KIDS DESSERTS														
GF Kids Coconut Pineapple Ice Cream		X	X	X			X	X	X					
GF Kids Vanilla Bean Ice Cream		X	X	X			X	X	X					
DESSERTS														
Key Lime Pie	X	X	X	X			X	X	X			X		
Red Velvet Cake	X	X	X	X			X	X	X			X		
Chocolate Peanut Butter Cream Pie	X	X	X	X			X	X	X			X		
Honey Sesame Crème Brulee	X	X	X								X	X		
The Great Wall of Chocolate	X	X	X	X			X	X	X			X		
Banana Spring Rolls	X	X	X	X		X			X	X	X	X	X	X
Butter Cake	X		X	X			X	X	X			X		
New York-Style Cheesecake	X	X	X	X			X	X				X		
Chocolate Souffle	X	X	X	X			X	X				X		
GLUTEN-FREE APPETIZERS														
GF Chang's Chicken Lettuce Wraps		X	X			X			X	X	X	X	X	X
GLUTEN-FREE SOUPS														
GF Egg Drop Soup (Cup or Bowl)				X		X			X		X		X	X
GLUTEN-FREE MAIN ENTRÉES														

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	Wheat	Soy	Milk	Egg	Fish	Shellfish	Tree Nuts	Peanuts	Corn	Sulfites	Sesame	Legume	Onion	Mushroom
GF Chang's Spicy Chicken		X	X	X		X			X	X	X	X	X	X
GF Chicken with Broccoli		X	X	X		X			X		X	X	X	X
GF Mongolian Beef		X	X	X		X			X		X	X	X	X
GF Beef with Broccoli		X	X	X		X			X		X	X	X	X
GLUTEN-FREE NOODLES & RICE														
GF Pad Thai Chicken		X		X	X			X	X	X		X	X	
GF Pad Thai Beef		X		X	X			X	X	X		X	X	
GF Pad Thai Shrimp		X		X	X	X		X	X	X		X	X	
GF Pad Thai Combo		X		X	X	X		X	X	X		X	X	
GF Pad Thai Tofu		X		X	X			X	X	X		X	X	
GF Pad Thai		X		X	X			X	X	X		X	X	
GF Singapore Street Noodles		X	X	X		X			X	X	X	X	X	
GF Chang's Fried Rice Chicken		X	X	X		X			X			X	X	X
GF Chang's Fried Rice Beef		X	X	X		X			X			X	X	X
GF Chang's Fried Rice Shrimp		X	X	X		X			X			X	X	X
GF Fried Rice Tofu		X	X	X		X			X	X		X	X	X
GF Chang's Fried Rice Combo		X	X	X		X			X	X		X	X	X
GF Chang's Fried Rice Vegetable		X	X	X		X			X	X		X	X	X
GLUTEN-FREE SIDES														
GF Steamed Brown Rice														
GF Steamed White Rice														
Gluten-Free Fried Rice		X	X	X		X			X			X	X	
GLUTEN-FREE DESSERT														
GF Chocolate Souffle		X	X	X			X	X				X		

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